

PARKINSON'S AWARENESS MONTH

APRIL 2025

TUESDAY, APRIL 1ST LET'S RAISE SOME DOUGH!

4pm-8pm
Panera Bread Haywood Road
708 Haywood Road,
Greenville, SC
Join us to dine in or for carry
out to support GAPS
programs.



WEDNESDAY, APRIL 2ND COFFEE TALK FEATURING LUCRETIA PINTACUDA

11am
Topic: Climbing Mt Kilimanjaro
with Parkinson's Disease
Rolling Green Village
Palmetto Conference Room
in the Village Center
1 Hoke Smith Blvd, Greenville, SC
Space is limited.
Scan QR code to register



TUESDAY, APRIL 8TH ADAPTIVE YOGA

11am
Prisma Health Roger C Peace
Adaptive Sports and
Recreation Center
157 Welborn Street, Suite
B101 Greenville, SC
Get your OM on with us.
Space is limited.
Scan QR code to register.



THURSDAY, APRIL 10TH PUMP IT UP FOR PARKINSON'S

10am-2pm
NHC Healthcare
1305 Boiling Springs Road
Greer, SC
Lunch and Learn 11:30-1:30



FRIDAY, APRIL 11TH LUNCH AND LEARN WITH DR. PILCH

12pm
Southern First
6 Verdae Boulevard
Greenville, SC
Topic: Living Better through
Healthy Choices



TUESDAY, APRIL 15TH KNOCK OUT PD WITH ROCK STEADY BOXING

12pm
Core Balance
1860 Woodruff Road,
Greenville, SC
Let's KNOCK
out Parkinson's together.
Space is limited.
Scan QR code to register.



SATURDAY, APRIL 19TH STRIDES FOR GAPS WALK

12pm-2pm
Conestee Park Pavilion
894 Mauldin Road, Greenville
Walk with us as we celebrate
our mission to serve the
4,500 people with Parkinson's
in the Upstate.



TUESDAY, APRIL 22ND STRIDES FOR GAPS CHECK PRESENTATION AT GAPS SOCIAL

4pm
Rolling Green Village
1 Hoke Smith Blvd, Greenville, SC
(the building with flags &
columns)



Register!