Greenville Area
Parkinson Society

We Walk With You.

Walking With You
2020

Annual Report

Hello & Welcome

On behalf of the Board of Directors of GAPS, I am pleased to present our 2020 annual report. This past year presented all of us with unique challenges as we began reimagining how to connect with our members throughout the pandemic. I am proud of the way the GAPS staff was able to respond quickly and continue to offer valuable services to our members through all virtual programming including education, exercise, mentoring, socials, and support groups. The ability to transition to a virtual platform was due to the leadership of Executive Director Laryn Weaver and her amazing staff of Kamber Parker, Glenn Weaver, and Robyn Kucinic. Thanks to the generosity of our donors and the creativity of our staff and volunteers in fundraising, the organization is financially healthy and poised to continue to grow the services offered to the local Parkinson's community. We hope that you all have a happy and healthy 2021. We thank you for allowing us the opportunity to be a part of your lives as we walk with you.

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GAPS 2021 Board President

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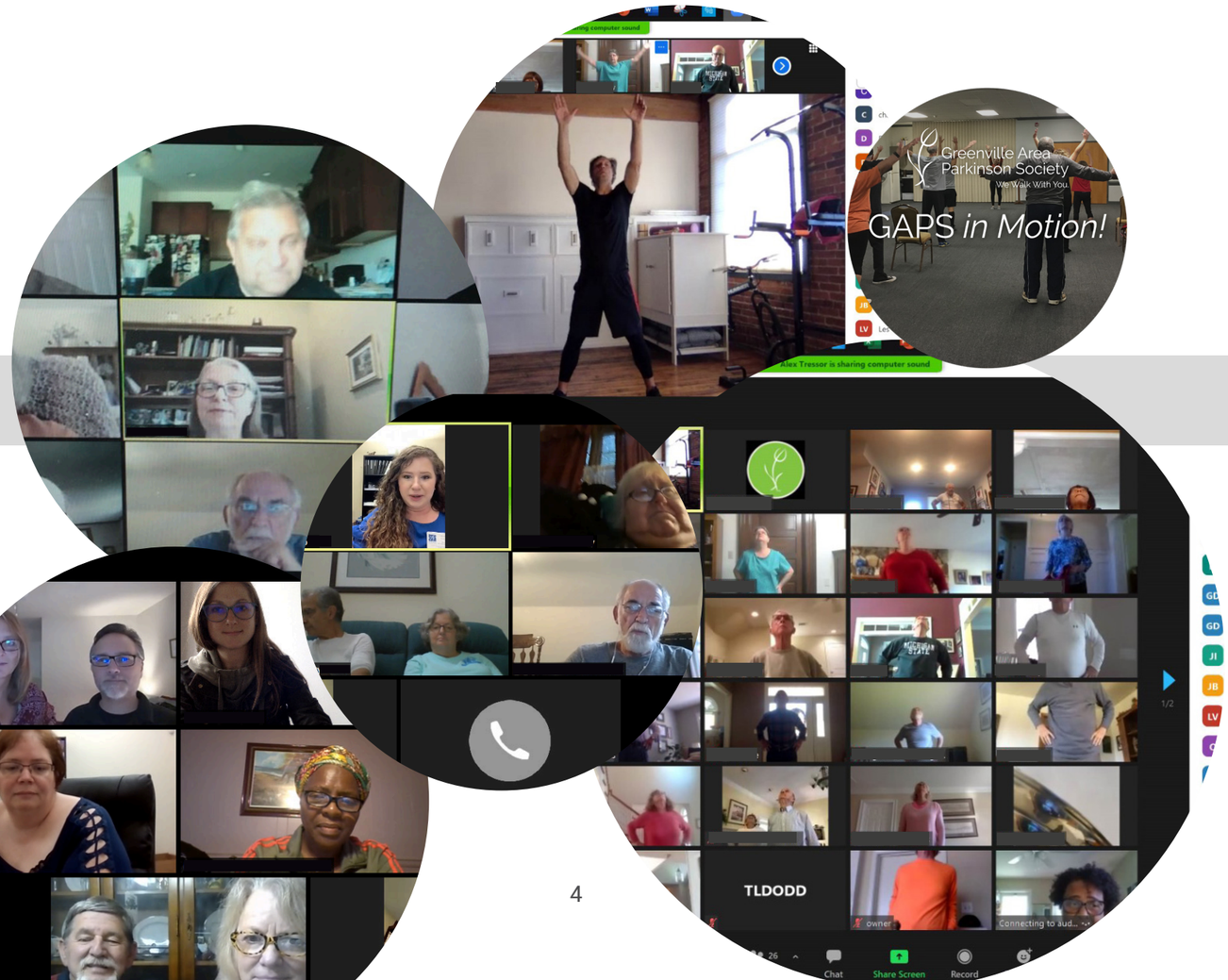
PROGRAMS

A VIRTUAL SUCCESS!

No one expected a pandemic, so things may have looked a little different in 2020. Yet, the pivot from live programming to virtual went well despite some early technological challenges. We admire and appreciate our members! Thank you for staying engaged with our online programs and exercise offerings, learning how to stay connected with GAPS in the virtual world, and continuing your courageous walk with Parkinson's.

We hope we can begin live programming again soon. Until then, we'll continue to enjoy seeing and hearing you through your favorite digital device. Zoom! Zoom!



Existing Programs (continued in 2020)

New Programs (started in 2020)

All GAPS programs and exercise opportunities are provided at no cost to our members!

NEW IN 2021!

GAPS Health Education

GAPS Health Education is a quarterly lecture by an expert on medical treatments, medications, and prescriptions for those dealing with PD.

All are welcome to attend.

For all program details, go to: gapsonline.org/programs-exercise

FUNDRAISERS

The 2020 "Virtual" Strike Out Parkinson's Day raised over $75,000!

STRIKE OUT PARKINSON'S DAY
Greenville Area Parkinson Society

Fighters of Rock Steady Boxing Greenville

$18,061

Greenville Area Parkinson Society
STRIKE OUT PARKINSON'S DAY
SPRING TRAINING
WALK FOR RUNS!

The 2020 Water Cooler Classic raised over $53,000!

We welcome all businesses and individuals to participate in one of the best events in town while supporting the Greenville Area Parkinson Society and its members.

The next Water Cooler Classic is scheduled for November 2021.

For details and to see how you can be involved, visit:

gapsonline.org/events

A WORD FROM OUR MEMBERS, DONORS, AND SUPPORTERS

Thank you, Members, Donors, and all who support our work!

Adam Jennings - Harmony at Five Forks
"It's true that whether you're a community partner, a person with Parkinson's Disease or family member, you are not alone, which is why Harmony at Five Forks chooses to support Greenville Area Parkinson Society. We will continue to make the important decision to sponsor GAPS programs to honor the many reasons that our senior living community supports the fight for those living with Parkinson's Disease, including our residents, caregivers, family members, and fellow supporters."

Greg and Robin Hnat - GAPS Members and Supporters
"My husband Greg and I are involved with GAPS for many reasons. Having recently moved here with no relatives close by, we looked to GAPS for support and learning more about PD. I have a wonderful mentor through GAPS whose husband also has PD. We are so pleased to be members of this wonderful organization."

Ruthie Millar - Clemson Downs
"Clemson Downs values our partnership with GAPS. The GAPS community provides a safe and structured opportunity for our residents and area friends to share their experiences as they journey through Parkinson's. GAPS is a resource to so many as they face this disease. Knowing they don't have to face it alone is a comfort not only to themselves but their loved ones who are also able to participate in GAPS programs. Clemson Downs is honored and proud to be a sponsor of GAPS and GAPS In Motion so these services can continue to be offered at no cost to those needing this service."

GAPS 2020 Annual Report

Carmelita Byrd - GAPS Member and Mentor
"What GAPS means to me as a member:

G - Getting new ideas from professionals and people with Parkinson's who have lived with Parkinson's before me.

A - Assisting others living with Parkinson's diagnosed after me.

P - Putting things in perspective for those who care and love me.

S - Socializing alongside People With Parkinson's (PWPs) like me."

YOU CAN

MAKE A DIFFERENCE

RIGHT HERE IN THE UPSTATE

Bonnie Kerscher - GAPS Member and Mentor
"My husband, Bill, was diagnosed with Parkinson's in 2018. As we navigated his diagnosis and all that came with it, GAPS gave us a place to belong. Over the past three years, the GAPS community has provided us support and equipped us with knowledge about the disease. The more we have learned from others in similar situations, the better we have been able to cope with the unknowns of Parkinson's. When I was asked to serve as a GAPS mentor last summer, my answer was an easy yes. The GAPS community has been a sounding board and source of strength for me and Bill, and I wanted to give others the same support that we have received. During my time as a mentor, I have had the opportunity to give back while also continuing to learn. I take away something new from every conversation with my mentees. The entire experience has put into perspective the challenges we all face together."

Chandler Massey - Champions Club
"I give to GAPS because I want to support my community, especially when it helps a cause that is close to my heart. I love that all GAPS donations stay local, which makes me feel like I am making a greater impact."

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"The smallest act of kindness is worth more than the grandest intention." ~Oscar Wilde

Thank you for your generous support!

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Greenville Area Parkinson Society
We Walk With You.

THANK YOU

for your
generous support!

A WORD FROM OUR VOLUNTEERS

Total number of Volunteers in 2020: 199
Total number of Volunteer hours in 2020: 2,502
These hours account for 48 hours of work per week for a 50-week work year!

Patrick Keenan - Caller, GAPS Connection
"My father had PD and passed away in 2009. Since then, I always wanted to get involved as a volunteer. Being laid off from my job in 2020 because of COVID, I had time and no excuses. I thoroughly enjoy volunteering and have learned a great deal from the people I have talked to."

Heather Amarante - Facilitator, GAPS Support Groups
"I started volunteering as a Support Group facilitator with GAPS while I was still stateside. I started to form some real bonds with people in the group. When I decided to make the move to Germany, I knew I would have to leave GAPS behind and that left a hole in my heart. In a turn of world events, GAPS turned virtual for its members support group meetings. I then had the opportunity to connect again with a group of people I missed so much and even met new people from other parts of the Upstate that I hadn't yet met in person! Parkinson's may have brought this group of people together, but as time has passed and we've all gotten to know each other, this group means so much more!"

Greenville Area Parkinson Society

VOLUNTEER

GAPS would like to thank all volunteers for their hard work, dedication, and compassion!

54 NEW volunteers in 2020!

Jim and Judy Shiner - Volunteers and Members
"My name is Jim Shiner and I was diagnosed with Parkinson's in September 2019. After digesting the news, my wife Judy and I decided that we wanted to get involved with GAPS. This has turned out to be one of the best decisions we could have made. Besides the wealth of knowledge that this team distributes, they are fantastic people that always seem to be smiling and willing to offer advice and comfort. Our first volunteer event was the 2020 Water Cooler Classic. And besides raising some serious funds for GAPS, we again found how fun the team can be in working for such a great cause! We will continue to volunteer for as many events as we can and highly encourage other members (and non-members!) to do the same! Thanks again for your health education, support and friendship! You truly live up to the motto, We Walk With You."

Kevin Willmot - Caller, GAPS Connection
"As someone who lost his mother recently after her struggle with Parkinson's Disease, I am honored to be able to give back to a great organization and help others whose situation I can empathize with. During the height of the pandemic, I received a call from a GAPS volunteer. They were calling to check on me and my mom before she passed away. It meant so much to me at that time, and I hope that as a volunteer I can touch others in a positive way and help them through a difficult situation. This is why Parkinson's Disease is a cause near and dear to my heart and why I volunteer my time with the Greenville Area Parkinson Society."

Dee Martinez - Administrative Support
"There are many things I enjoy doing and volunteering is one of them. Why GAPS? I had a friend who was near and dear to me and was there for me when I broke my ankle. She developed Parkinson's disease. Not knowing much about it, I wanted to honor her memory after her death. I have grown fond of the women with which I volunteer and just knowing that my small efforts help. My mother taught me to always give back wherever you can. I have encountered angels on this path."

OUR 2020 VOLUNTEERS

Thank you for your involvement!

ADMINISTRATIVE SUPPORT

ABIGAIL JACKSON
ALEX BETANCUR
CAITLYN MULHOLLAND
CHARLOTTE ABRAMS
DEE MARTINEZ
DENIS MCKEVITT
ELAINA MULHOLLAND
EMILY MULHOLLAND
INEZ MORRIS
JEANNIE GAUTHIER
JUDY SHINER
KARON CAUDELL
KRISTEN NAUMAN
LINDA CARTER
LUKA KUCINIC
LYNN FLEMING
MAGGIE HOVERATH
MARY ELYSE KUCINIC
MAUREEN COBURN
PATRICIA RANDALL
SANDI HOLMES
SYLVIA KUCINIC

EVENT SUPPORT

ADAM JENNINGS
ALEX BETANEUR
ANDREA HINES
ANNA CAIN
BREANNA COLE
BRYSON BRIDGEMAN
COURTNEY HOFFMAN
DENIS MCKEVITT
EMILY ATKINSON
KARON CAUDELL
LISA LEE
LYNN FLEMING
SANDI HOLMES
SARA CROKER

COMMITTEES AND PLANNING

ABIGAIL JACKSON
ALEX GARDNER
ALEX MASOTTI
ALLISON ANDERSON
AMY NODINE
BRICE SMITH
CHRISTINE BALTS
CHRISTINE WEITHOP
CHUCK CENDROWSKI
DICK TOOHEY
EARLE OXNER
ELLISON MCCOY
JANINE SMITH
JESSICA HARPER
JESSICA SEAY
JIM SHINER
JUDY SHINER
KATE HOLDERMAN
KATHRYN TAYLOR
KRISTIN NAUMAN
MAGGIE HOVERATH
NANCY LONG
NISHA PATEL
PATRICIA RANDALL
RYAN ROBINSON
SANDI HOLMES
TINA PRESSLEY
ZACH FREEMAN

GAPS IN MOTION!

ALYSON DIXON
ANA OLAYO
DONNA BRIDWELL
ELIZA FINLEY
FERNANDO OLAYO
GRACIE LANE
JESSICA JACOBS
KATHY BARRETT
KATIE GILMORE
SHANNON COBB
STACEY ATWELL
TINA PRESSLEY

GAPS SUPPORT GROUP FACILITATORS

ADAM JENNINGS
AUDRA VELLUCCI
BONNIE NOBLE SILBERMAN
HEATHER AMARANTE
INDIA MARTIN
JENNIFER HOWLAND
KATHLEEN GUILBAULT
KENNETH FELDER
KERI CASKIE
LES VANN
LINDSAY LEWIS
LISA LEE
MARK EDWARDS
MARK SAYEGH
MATTHEW MILLS
SHANNON FEW
STEEVE MEEHAN
ZACK COOPER

GAPS MENTORS

ART SMITH
BECKY TOOHEY
BETH MILLER
BILL BOSWELL
BONNIE KERSCHER
CARMELITA BYRD
CAROL BENDIG
ELLYN BACHE
ERIC SNIDER
JOHN TYMONKO
KATHY TYMONKO
RICK CRAIN
RITA CROSS
SUSAN SMITH

GAPS RECHARGED*

ALAN WEINBERG
ALEX BETANCUR
ANDREA HINES
BOB SCHERER
BREANA COLE
BRITTNEY SUBE
CHARLOTT ABRAMS
CINDY LEE
DANIELLE RUDY
EMILY ATKINSON
INEZ MORRIS
JESSICA JACOBS
JOHN TYMONKO
JORDAN CUENIN
JOYCE PECK
KATHRYN CLYBURN
LINDSAY MCKENZIE
MARLA DE RUIG
MARK MILSTEAD
RENEE MILSTEAD
STEVE QUAM
TARYN PIFFARD
TROY VAN DYKE
TYLER GEIB

**THIS PROGRAM WAS SUSPENDED DUE TO COVID-19, BUT WE ARE GRATEFUL TO THOSE WHO OFFERED THEIR TIME AND SUPPORT.*

GAPS CONNECTION CALLERS

ABBY WATSON
ABIGAIL JACKSON
ALAN WEINBERG
ANDREA HINES
BOB SCHERER
BONNIE NOBLE SILBERMAN
BRICE SMITH
CARL GRIFFIS
CHLOE CAUDELL
CHRISTINE SCHMIDT
CINDY LEE
COURTNEY HOFFMAN
DEANA DILLARD
DEB FERGUSON
DONNA DEWAR
EILEEN THEISSEN
EMILY ATKINSON
FALLON HOGAN
GERI-CAITLYN PADGET
HALEY KIDD
INEZ MORRIS
JAN LEMAY
JASON NODINE
JEANNIE GAUTHIER
JENNIFER DONNER
JESSICA DROTLEFF
KARON CAUDELL
KATHRYN CLYBURN
KATHY BARRETT
KATIE SCHOLLES
KELLY LEE
KEVIN KONZ

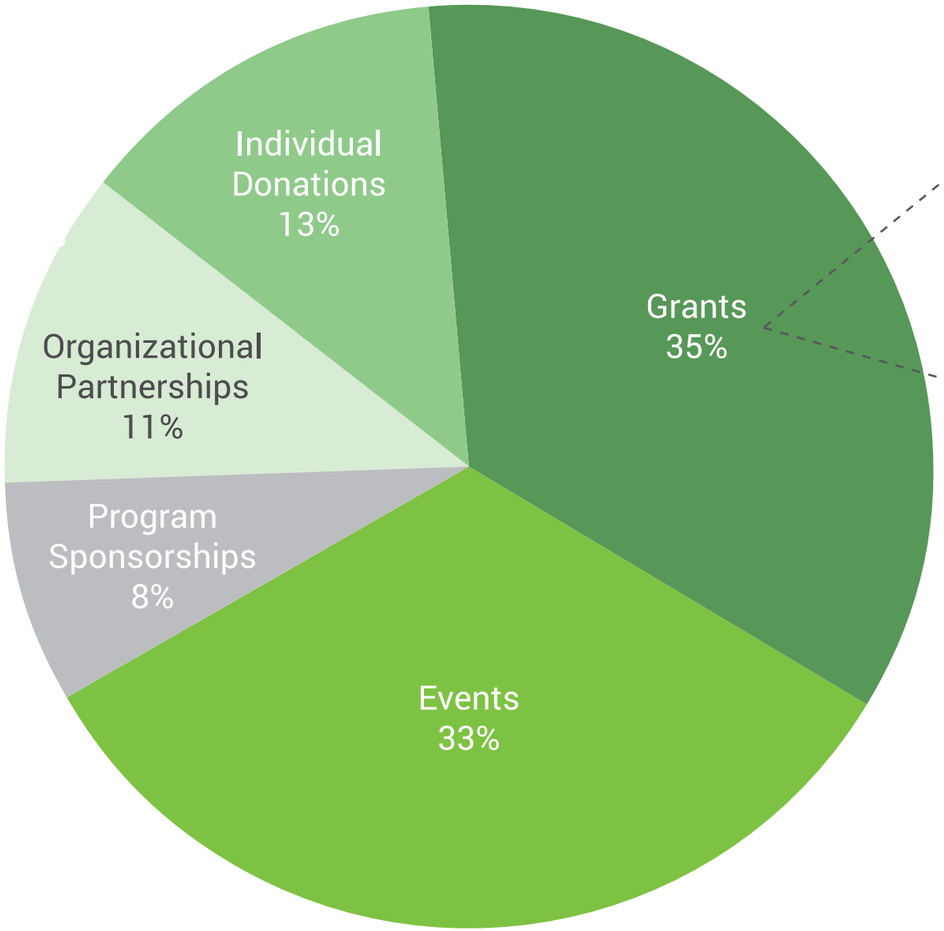
GAPS CONNECTION CALLERS (CON'T)

KEVIN WILLMOT
LARA CEISEL
LINDSAY MCKENZIE
MADISON RITCHIE
MAGGIE HOVERATH
MARGE SCIESZKA
MARK HASTINGS
MARK MILSTEAD
MARLA DE RUIG
MARY BETH CULBERTSON
MEGAN ALEXANDER
MELODIE PLETCHER
PAM VAN DYKE
PAT KEENAN
PEGGY WAGNER
RAHCHELLE RICE
RICH GUERIN
ROBERT RAVAN
ROBIN HNAT
RON ROSSI
SEAN BARRETT
SHAWANNA GIBSON
SHERI ST. CLAIR
STEVE MEEHAN
SUSAN SMITH
SUZANNE LEE
TINA PRESSLEY
TODD REICHARD
ULRIKE STROEBEL
WHITNEY BLALOCK
ZACK COOPER

GAPS 2020 Annual Report

FINANCIAL INFORMATION

2020 INCOME

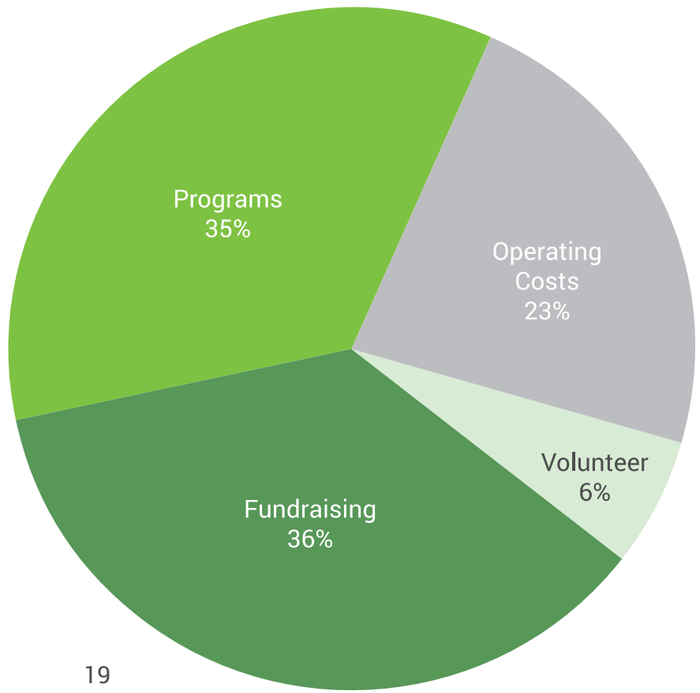


2020 GRANT MONEY

SC Nonprofit Relief
PPP Loan
Greenville Health Authority
Parkinson's Foundation
SC CARES Act (2 Rounds)
Barbara Stone Foundation

GAPS was excited to be the recipient of seven grants in 2020 from the state, local, and federal levels. The receipt of these grants acknowledges the important work that the staff, volunteers, and board members of GAPS are doing in service to the Parkinson's community. Specifically, these grants enabled GAPS to move programs to a virtual platform, provide technology education to our members, reconstruct our events to be successful in this climate, and keep all of our staff working. We are grateful for that support in such a challenging year.

2020 EXPENSES



FINANCIAL INFORMATION

Your Money Supported:

COMMUNITY EDUCATION
You have helped us grow awareness and reach more people with PD.

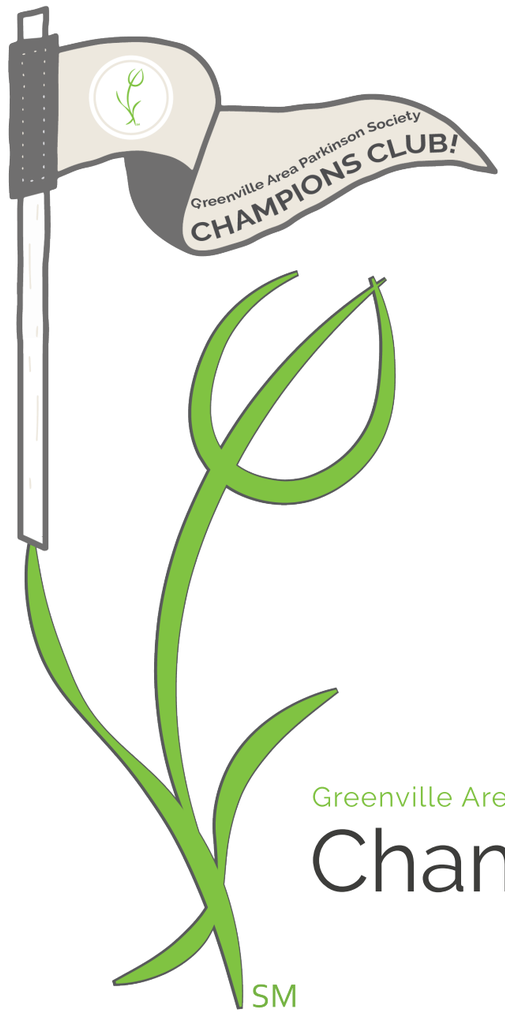
PROGRAMS
Your donations provide GAPS programs completely FREE to members.

TECHNOLOGY
You helped upgrade our technologies for both staff and members.

The Greenville Area Parkinson Society is a registered 501(c)3 tax exempt charity organization.

Tax ID # 26-4792316

990 is available for review by appointment.



Our members are champions who rise and walk despite their challenges.

You can be a champion to a person with Parkinson's or their caregiver.

You can support one member or multiple members through a recurring monthly or annual contribution.

Your generous gift is an investment in your own community that stays completely local, supporting families walking with this disease every day.

Greenville Area Parkinson Society

Champions Club℠

BE A CHAMPION.
SUPPORT OUR MEMBERS.

Special thanks to those currently a part of Champions Club!

Bill Brown
Chandler Massey
Michael Rainey
Eric Snider
Les & Shannon Vann

For more information on being a donor, please visit gapsonline.org/donor-info.

THE PARTNERSHIPS

A special thank you to our 2020 Organizational Partners!

Bon Secours

InvestiNet

PRISMA HEALTH SM

BROOKDALE HOSPICE

Dick & Becky Toohey

Thank you to our 2020 Program Sponsors!

BAYADA® Home Health Care

CLEMSON DOWNS

CORA Physical Therapy

ELITE Integrated Therapy Centers

Harmony at Five Forks

Home Instead.

HOME CARE ASSISTANCE

Interim HEALTHCARE®

Keowee Place Senior Living

Stan & Roz Smith

We couldn't have had a successful year without your support!

MASKS ON AND MOVING FORWARD:
A MESSAGE FROM THE EXECUTIVE DIRECTOR

The resiliency of our members inspires us to keep moving forward!

As I wrote this letter last year, we were excited about the year ahead and focused on reaching more people who are living with PD every day. None of us could have foreseen the challenges that we faced in 2020. But do any of us ever know what challenges lie ahead? As our members can attest, none of them saw Parkinson's Disease looming ahead of them. Yet despite those challenges, they continue to push ahead, take new risks, and maximize their lives through their intentional living.

The staff at GAPS could do nothing less than model our actions after those of our members and forge ahead.

2020 was a year of many firsts as the challenges forced us to try new things. Just as our members battle with a new normal every day, we battled our new normal of remote offices and virtual programs, not with fear or apprehension, but with the same courage and determination that we see in the faces of our members every day!

Through the significant efforts of a dedicated staff, the support of our engaged board, and the consistent financial support of our donors and partners, not only were we able to pivot our existing programs to virtual, but we also were able to add new programs! We saw the need to provide support for those members who had lost a loved one to PD and started a bereavement support group. We recognized the need for more direct interaction with our now 100% home-bound members and began our GAPS Connection. Through the work of committed volunteers, we are able to personally call all 1,500 members each quarter to check in and remind them that they are not alone.

We received a grant to offer technology education to members so that more of them could participate in the new virtual platforms and lessen their feelings of isolation.

Our community partners and sponsors were a lifeline of encouragement in 2020. We depend on the support of local businesses and individuals for the majority of our income. Even with the financial strain on so many over the past year, our partners have stayed committed to walking this path with us as we continue to serve our members.

I am honored to serve as the Executive Director of this organization and to be a voice for this community to share their journeys. Thank you to all who support this effort. We will continue to seek new ways to serve, regardless of whatever new normal is ahead of us. So 2021, we are ready. Masks on and moving forward!

Walking with you,
Laryn Weaver, GAPS Executive Director

Greenville Area Parkinson Society

We Walk With You.

OUR MISSION

The Greenville Area Parkinson Society (GAPS) is a local non-profit organization that offers support, education, and advocacy to people living with Parkinson's Disease, their cargivers, spouses, and families.

"Our vision is to maximize the quality of life for families affected by Parkinson's Disease."

GAPS WALKS WITH EVERYONE

Greenville Area Parkinson Society is committed to accepting and celebrating all people regardless of ethnicity, gender, religion, sexual orientation, or socioeconomic status. We seek to create an organizational culture that promotes and values diversity. GAPS strives to make inclusion central to our work of providing education, advocacy, support, and awareness. All members can live a better quality of life with inclusive and equitable practices.

gapsonline.org

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The GAPS "Walking Tulip" logo, business name, and tagline is a registered Service Mark.